



DWARAKA DOSS GOVERDHAN DOSS VAISHNAV COLLEGE
(AUTONOMOUS)

Reaccredited With A++ Grade by NAAC

College with Potential for Excellence, Linguistic Minority Institution,
Affiliated to University of Madras, Arumbakkam, Chennai - 600 106



DEPARTMENT OF PSYCHOLOGY



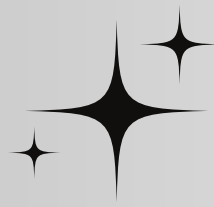
Prospectus

Discover the science of human mind



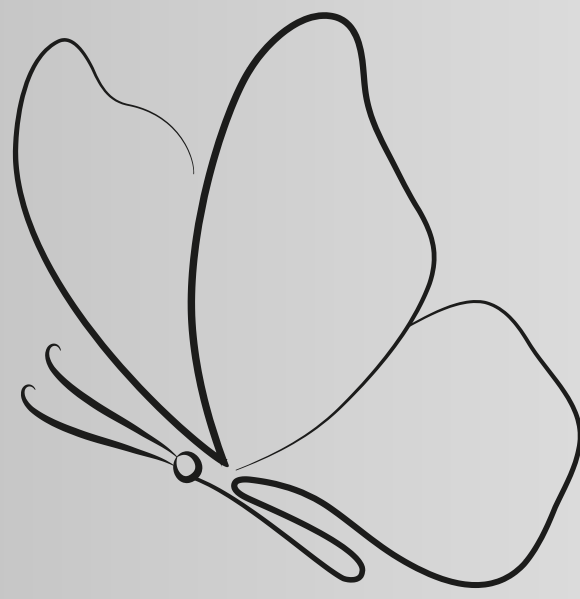
About DDGD Vaishnav College

Dwaraka Doss Goverdhan Doss Vaishnav College is a linguistic minority institution established in the year 1964 by the Rajasthanis and Gujaratis settled in Chennai for the cause of higher education. The college with a sole purpose of imparting knowledge and value-based education saw its grand day on **30th June 1964** with one course in B.Sc. Mathematics with Shri. Totadri Iyengar (teacher of Dr. APJ Abdul Kalam) as its first Principal.



Dwaraka Doss Goverdhan Doss Vaishnav College has been a haven for generations of enthusiastic learners through five decades and more. College was founded on the principles of Vaishnavism, with the sole purpose of imparting value-based quality education and empowering the youth. The college has seen a phenomenal growth in terms of its infrastructure, its constantly restructured and revamped curriculum to cater to the specific needs of the student community.

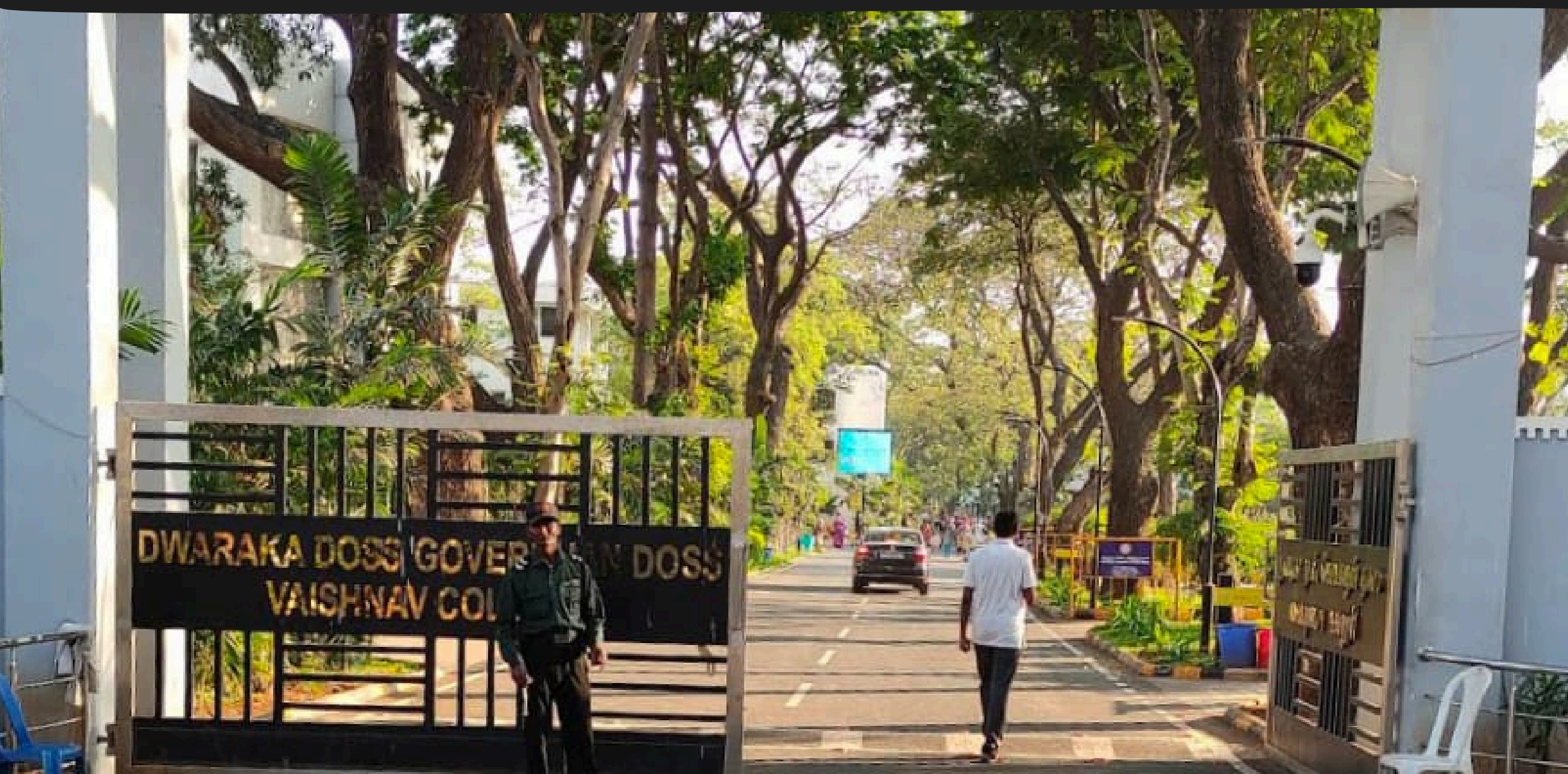




The outstanding performance of the students in academics and extension activities has enabled the college to emerge one of the premier institutions of higher learning. The curriculum is reviewed and updated periodically, in keeping with the changes in the diverse disciplines of arts, commerce, science and technology. An interdisciplinary, multidisciplinary approach in designing the course work is adopted to ensure industry – academia collaboration. The college has entered into collaborations with many reputed institutions / organizations.



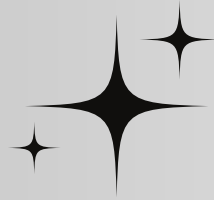
Education is not the learning of facts but training of minds to think
– **Albert Einstein**



Department of Psychology

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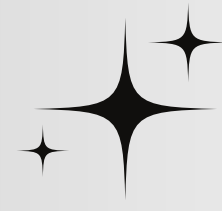
The Department of Psychology at Dwaraka Doss Goverdhan Doss Vaishnav college was established in 2015 to provide students with a comprehensive understanding of human behavior, cognition, and emotion. Its purpose is to equip learners with the knowledge and skills needed to analyze psychological phenomena, conduct research, and apply psychological principles in real-world settings. Through rigorous coursework and hands-on experience, the department aims to prepare students for careers in mental health, education, research, business, and social services.



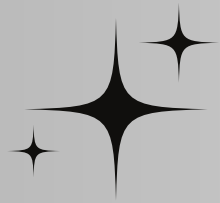
The department also fosters critical thinking and ethical decision-making, addressing pressing societal issues such as mental health challenges, emotional well-being, and interpersonal dynamics. Ultimately, the department serves to contribute to the betterment of individuals and communities by advancing psychological science and promoting healthy, productive lives.



Vision



To foster human values through psychological discourses, create responsible citizenry, address contemporary societal concerns thereby contributing to the psychological well-being of the community at large.

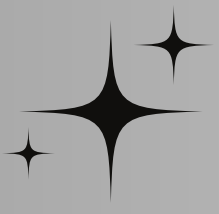


Mission



- To enable students to develop new perspectives about the discipline thereby contributing to the world of knowledge.
- To provide a platform for students by giving them an opportunity to have healthy discussions and deliberations in the field of psychology
- To inculcate a sense of responsibility, authenticity, creativity and ethical values among students.
- To contribute to the academic profile of the college and the community at large.





Academics

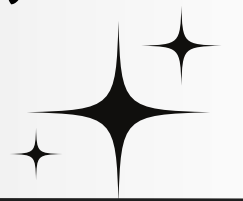


Course offered: BSc. Psychology

The three-year undergraduate program in psychology provides students with a comprehensive foundation in understanding human behavior, mental processes, and the factors influencing them. This program introduces key concepts, theories, and research methods in psychology, equipping students with both theoretical knowledge and practical skills.

In addition to classroom learning, the program encourages critical thinking, analytical skills, and effective communication. Graduates of the UG program in psychology can pursue further education, or careers in fields such as counseling, human resources, healthcare, education, and research.

This program serves as a stepping stone for students interested in exploring the complexities of human behavior and applying psychological principles in real-world settings. We follow the system of Outcome Based Education (OBE) in conjunction with the Choice Based Credit System (CBCS) such that it matches with the educational system envisioned in the NEP.



Eligibility criteria

1. A pass in the higher secondary examination of the Government of Tamil Nadu or any other equivalent examination as approved by the University of Madras.
2. Subject requirement – No prior knowledge of the subject matter is required. Students from any academic background in their XII are eligible.

Examinations

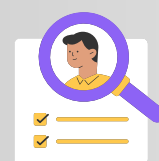
Each year odd and even semester examinations are held in the months of **November** and **April** respectively.

Scope

Psychology plays a crucial role in various fields, including mental health, education, healthcare, business, and sports, helping to address both individual and societal challenges. By applying scientific research and evidence-based practices, psychologists work to improve well-being, enhance performance, and foster positive change in individuals and communities. The interdisciplinary nature of psychology allows it to intersect with other fields such as biology, sociology, medicine, and anthropology, making it a dynamic and ever-evolving discipline with significant practical applications in everyday life. To note, our students have gone on to pursuing specialisations in the various fields of psychology from prestigious universities in India and abroad including IIM Amritsar, University of Kent, UK, and Fanshawe Canada.



Clinical Psychology



Industrial/Organizational Psychology



Counselling and Psychotherapy



Sport Psychology



NeuroPsychology



Research

Syllabus

Semester I

- General Psychology 1
- Biological Psychology I
- Introduction to Social Work
- Careers and Ethics in Psychology

Semester II

- General Psychology II
- Biological Psychology II
- Cross-Cultural Psychology
- Relaxation Techniques

Semester III

- Social Psychology 1
- Developmental Psychology I
- Statistics in Psychology
- Experimental Psychology

Semester IV

- Social Psychology II
- Developmental Psychology II
- Theories of Personality
- Psychological Assessment

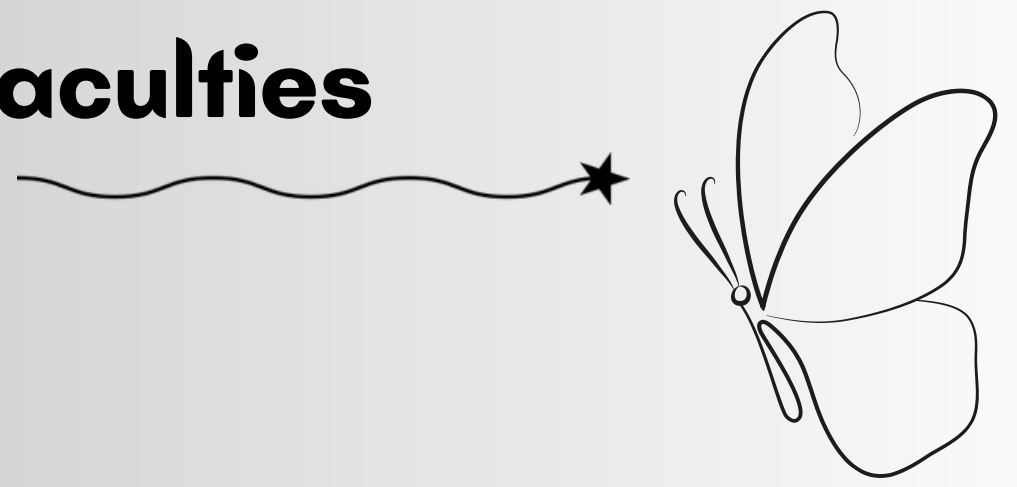
Semester V

- Abnormal Psychology 1
- Health Psychology
- Counselling Psychology
- Research Methodology
- Health/Community/Sports Psychology

Semester VI

- Abnormal Psychology II
- Organizational Psychology
- Forensic Psychology
- Cognitive Psychology
- HRM/Cyber Psych/Behaviour Modification

Meet our faculties



Ms. Aswini R., BSW., MSc. HRD Psychology, NET
Diploma in Juvenile Justice and Juvenile Psychology
Head & Assistant Professor



Ms. Jyotsna N., MA., MSc. (LSE), NET
Assistant Professor



Ms. Veena Prathap, MA. Psychology, NET
Assistant Professor



Ms. Jacquelin I., MSc. Psychology (Spl. Counselling),
NET
Assistant Professor



Mr. Dinesh L., MSc. Psychology, NET
Assistant Professor

Contact Details

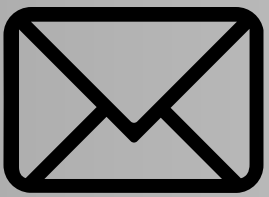


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